

Demographics of Participating Institutions

Three postsecondary institutions self-selected to participate in the Spring 2023 ACHA National Faculty & Staff Health Assessment and 1,966 surveys were completed by faculty and staff on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all faculty and staff or used a random sampling technique are included in the analysis, yielding a final data set consisting of 1,966 faculty and staff at 5 schools. Demographic characteristics of the 5 campuses follow. *The mean response proportion was 18.6%, and the median response proportion was 13.7%.*

Demographical Characteristics of the 5 US Postsecondary Institutions I in the Spring 2023 ACHA-NFSHA Reference Group	ncluded
Campus Characteristic	n
Type of Institution	
Public	5
Private	0
2-year	0
4-year or above	5
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	0
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	2
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC,	
TN, TX, VA, WV)	1
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	2
Campus Size	
< 2,500 students	1
2,500 – 4,999 students	0
5,000 – 9,999 students	0
10,000 – 19,999 students	1
20,000 students or more	3
Campus Setting	
Very large city (population over 500,000)	1
Large city (population 250,000-499,999)	1
Small city (population 50,000-249,999)	2
Large town (population 10,000 – 49,999)	0
Small town (population 2,500-9,999)	1
Rural community (population under 2,500)	0

Carnegie Classification

Associates Colleges

Demographical Characteristics of the 5 US Postsecondary Institutions In the Spring 2023 ACHA-NFSHA Reference Group	cluded in
Campus Characteristic	n
ACHA Membership Status	
Institutional Member	5
Nonmember	0
Religious Affiliation	
No	5
Yes	0
<u>If yes:</u>	
Catholic	0
Protestant or Other Christian	0
Postsecondary Minority Institution (US Department of Education)	
No	3
Yes	2
*If yes:	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	0
Hispanic-serving Institution (HSI)	2
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0

*institutions may hold more than one type of minority status

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FREQUENCY REPORT Number of Surveys (n) = 1966 Web Surveys

A note about the use of sex and gender in this report:

1	How would you	describe vour	general	overall health?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	58	10	92	7	3	11	154	7.8
2 Very good	184	33	425	32	7	26	625	31.8
3 Good	211	38	557	42	10	37	792	40.3
4 Fair	92	16	229	17	7	26	339	17.3
5 Poor	17	3	28	2	0	0	51	2.6
6 Don't know	1	0	2	0	0	0	4	0.2
Valid responses =	563	29	1333	68	27	100	1965	99.9

Invalid responses include no response.

2. My college/university cares about my health and well-being.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	55	10	112	8	1	4	169	8.6
2 Agree	274	49	637	48	11	41	935	47.6
3 Neutral	165	29	426	32	9	33	612	31.2
4 Disagree	52	9	121	9	4	15	188	9.6
5 Strongly disagree	17	3	36	3	2	7	60	3.1
Valid responses =	563	29	1332	68	27	1	1964	99.9
Invalid responses include no response.								

3. Do you believe the health and well-being of university staff and faculty impact student success and learning?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	2	15	1	0	0	28	1.4
2 Yes	539	96	1284	96	27	100	1890	96.2
3 Don't know	12	2	33	3	0	0	46	2.3
Valid responses =	563	29	1332	68	27	100	1964	99.9
Invalid responses include no response.								

4. How important do you feel it is to model positive health and wellness behavior to students?

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6D. Within the las 12 months, experience pain, discomfort, or numbness in your neck or low back when performing work tasks NOT at a desk or on a computer?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	8	1	19	1	1	4	29	1.5
2 Never	159	28	248	19	4	15	415	21.2
239 Rarely 1.5	169	30	329	25	10	37	519	26.5
4 Sometimes	182	32	595	45	10	37	802	41.0
5 Most of the Time	38	7	111	8	1	4	158	8.1
6 Always	5	1	25	2	1	4	34	1.7
Valid responses =	561	29	1327	68	27	100	1,957	99.5
Invalid responses include no response.								

7A. How long has it been since you had the following checked? Blood pressure

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	446	79	1141	86	21	81	1646	84
2 1 year ago less than 2 years ago	61	11	116	9	2	8	180	9
3 2 years ago less than 3 years ago	19	3	22	2	2	8	45	2
4 3 years ago less than 5 years ago	18	3	18	1	1	4	37	2
5 5 or more years ago	8	1	15	1	0	0	23	1
6 Never	2	0	7	1	0	0	9	1
7 Don't know	8	1	9	1	0	0	17	1
Valid responses =	562	29	1328	68	26	100	1957	99.5

Invalid responses include no response.

7B. How long has it been since you had the following checked? Blood sugar

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	387	69	922	70	16	61.5	1351	69.1
2 1 year ago less than 2 years ago	55	10	174	13	4	15.4	239	12.2
3 2 years ago less than 3 years ago	24	4	61	5	2	7.7	88	4.5
4 3 years ago less than 5 years ago	20	4	40	3	2	7.7	64	3.3
5 5 or more years ago	20	4	34	3	0	0	56	2.9
6 Never	16	3	32	2	1	3.8	49	2.5
7 Don't know	39	7	63	5	1	3.8	107	5.5
Valid responses =	561	29	1326	68	26	100	1954	99.4

Invalid responses include no response.

7C. How long has it been since you had the following checked? Cholesterol

	Male	ale Female			Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	380	68	922	70	16	61.5	1345	68.9
2 1 year ago less than 2 years ago	59	11	174	13	4	15.4	243	12.4
3 2 years ago less than 3 years ago	28	5	59	5	2	7.7	90	4.6
4 3 years ago less than 5 years ago	21	4	40	3	2	7.7	65	3.3
5 5 or more years ago	24	4	30	2	0	0	56	2.9
6 Never	17	3	33	3	1	3.8	51	2.6
7 Don't know	32	6	66	5	1	3.8	102	5.2
Valid responses =	561	29	1324 re	esponses =				



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16

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1966 Web

17

98.6

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1938

Surveys

	Male	Male		Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 12 months ago	110	20	238	18	3	12	355	18.3	
2 1 year ago less than 2 years ago	42	8	118	9	3	12	169	8.7	
3 2 years ago less than 3 years ago	54	10	107	8	3	12	166	8.6	
4 3 years ago less than 5 years ago	51	9	86	7	5	20	146	7.5	
5 5 or more years ago	179	32	378	29	7	28	578	29.8	
6 Never	51	9	140	11	0	0	195	10.1	

246

1313

19

68

13

29

Valid responses =
Invalid responses include no response.

7 Don't know

7G. How long has it been since you had the following checked? Physical exam

,	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	348	62	919	69	13	50	1303	66.8
2 1 year ago less than 2 years ago	80	14	200	15	7	26.9	297	15.2
3 2 years ago less than 3 years ago	28	5	65	5	2	7.7	98	5 🔳
4 3 years ago less than 5 years ago	30	5	58	4	3	11.5	91	4.7
5 5 or more years ago	54	10	54	4	0	0	111	5.7
6 Never	4	1	5	0	0	0	10	0.5
7 Don't know	16	3	24	2	1	3.8	42	2.2 п
Valid responses =	560	29	1325	68	26	100	1952	99.3

Invalid responses include no response.

Invalid responses include no response.

Invalid responses include no response.

7H. How long has it been since you had the following checked? Triglycerides (blood fat)

	Male	•	Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	346	62	816	62	16	61.5	1200	61.4
2 1 year ago less than 2 years ago	57	10	150	11	4	15.4	214	10.9
3 2 years ago less than 3 years ago	28	5	53	4	2	7.7	86	4.4
4 3 years ago less than 5 years ago	14	3	44	3	2	7.7	61	3.1
5 5 or more years ago	26	5	35	3	0	0	62	3.2
6 Never	25	4	51	4	1	3.8	78	4
7 Don't know	66	12	177	13	1	3.8	254	13
Valid responses =	562	29	1326	68	26	100	1955	99.4

8A. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Anxiety

•	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	431	77	834	63	15	57.7	1296	66.7
2 Yes, Dx/No Treatment	32	6	104	8	3	11.5	143	7.4 📥
3 Yes, Dx/Received Treatment	94	17	381	29	8	30.8	505	26
Valid responses =	557	29	1319	68	26	100	1944	98.9
Invalid responses include no response.								

8B. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Depression								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	442	80	919	70	19	73.1	1397	72
2 Yes, Dx/No Treatment	21	4	64	5	2	7.7	89	4.6
3 Yes, Dx/Received Treatment	89	16	338	26	5	19.2	455	23.4
Valid responses =	552	28	1321	68	26	100	1941	98.7
Invalid responses include no response.								

8C. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Lievated blood sugar of diabetes									
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	470	84	1145	87	24	92.3	1674	86.2	
2 Yes, Dx/No Treatment	38	7	64	5	2	7.7	106	5.5	
3 Yes, Dx/Received Treatment	49	9	108	8	0	0	161	8.3 🗖	
Valid responses =	557	29	1317	68	26	100	1941	98.7	

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11B6. In the last 12 months have you experienced the following?

Felt overwhelming anxiet	y
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	Male		Female	•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	406	72	803	61	11	44	1234	63.1
2 Yes	156	28	524	40	14	56	722	36.9
Valid responses =	562	29	1327	68	25	100	1956	99.5

Invalid responses include no response.

12B7. Wiltime thet/142tm/amtiosntres/charce amperfethee/oil/beviot/proveigngt/Prely impacted your work performance and/or productivity?

	Fiel268/end4Ael5682394aelt4y858328(to9tog n3.9co)-1r01141s46 Tc0 Tw[M)-9.8(a)14.7(le)-3920)-3920.9(F)12.	.9(e)14.7(r	m)8.7(a)14.7(le	U)11.2(n)12.9(k)14.7(n)12.9	
	Freq.	Pct.	Freq.	Pct.	Freq.	Mate	Freq.	FePnotale		Unknow	√n	Total		!
	272	49	448	43963	276(6)-26935?	35 .6(eq 06]7	/ 5]TB0(4216	.44 #)·dq ble)′	2 636. 72	Tm.00F5r2eqT.c0	Tw(Pt0 67	Tc10(6F3r)¢ p2.	7(1)]T JP65 #426	0 0 6236 60 492 Tm0104 Tc.015 Tv
1 No						295	52	476	36	5	20	787	40.2	
2 Yes						268	48	854	64	20	80	1173	59.8	· ·
Valid resp	ponses =					563	29	1330	68	25	100	1960	99.7	
	Invalid re	esponses ir	nclude no res	sponse.										

12A1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Anxiety

						Male		Female	•	Unknow	'n	Total	
						Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did no	t experienc	ce issue/not	applicable			272	49	448	34	6	23.1	736	37.9
2 Experi	enced issu	ie, but work				182	33	567	43	8	30.8	766	39.4
M													
Freg2	Pct	Fred	Pct	Fred	Pct	Frea	Pct						

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12A6. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Severe headaches/migraines

	Male		Female	•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	445	79	801	61	17	68	1288	66
2 Experienced issue, but work	73	13	282	21	3	12	363	18.6
performance/productivity not affected								
3 Experienced issue, and it negatively	44	8	240	18	5	20	301	15.4
impacted work performance/productivity								
Valid responses =	562	29	1323	68	25	100	1952	99.3
Invalid responses include no response.								

12A7. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

A family member's (child, parent, spouse/partner) special needs, illness, injury or surgery

	Male		Female	,	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	343	61	739	56	14	53.8	1120	57.1
2 Experienced issue, but work	145	26	389	29	3	11.5	549	28
performance/productivity not affected								
3 Experienced issue, and it negatively	73	13	203	15	9	34.6	291	14.8
impacted work performance/productivity								
Valid responses =	561	29	1331	68	26	100	1960	99.7
Invalid responses include no response.								

12A8. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

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12C3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship with supervisor

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	453	81	1003	76	17	65	1,497	76.5
2 Experienced issue, but work	60	11	156	12	3	12	230	11.7
performance/productivity not affected								
3 Experienced issue, and it negatively	50	9	168	13	6	23	231	11.8
impacted work performance/productivity								
Valid responses =	563	29	1327	68	26	1	1,958	99.6
Invalid responses include no response.								

12C4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Stressful environment within my department/unit

• •	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	356	64	722	54	10	39	1,102	56.3
2 Experienced issue, but work	114	20	315	24	6	23	445	22.7
performance/productivity not affected								
3 Experienced issue, and it negatively	90	16	292	22	10	39	410	21.0
impacted work performance/productivity								
Valid responses =	560	29	1329	68	26	1	1,957	99.5
Invalid responses include no response.								

12C5. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Supervisor or Management support

	Male		Female)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	425	76	928	70	13	52	1,388	70.9
2 Experienced issue, but work performance/productivity not affected	69	12	193	15	4	16	274	14.0
3 Experienced issue, and it negatively impacted work performance/productivity	68	12	208	16	8	32	296	15.1
Valid responses =	562	29	1329	68	25	1	1,958	99.6

Invalid responses include no response.

12C6. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	218	89	452	85	7	88	690	86.5



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Invalid responses include no response.

Invalid responses include no response.

Invalid responses include no response.

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14J. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Injury or disability

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	513	93	1180	90	20	87	1,746	90.7
2 Yes	37	7	129	10	3	13	178	9.3
Valid responses =	550	29	1309	68	23	1	1,924	97.9
Invalid responses include no response.								

14K. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Cost

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	466	86	1077	84	16	76	1,591	84.4
2 Yes	77	14	202	16	5	24	293	15.6
Valid responses =	543	29	1279	68	21	1	1.884	95.8

14L. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Not supported by coworkers

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	515	93	1222	93	19	95	1,790	93.1
2 Yes	38	7	86	7	1	5	132	6.9
Valid responses =	553	29	1308	68	20	1	1,922	97.8
Invalid responses include no response.								

14M. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Do not feel comfortable participating in wellness-at-work programs Male Female Unknown Total Pct. Freq. Pct. Freq. Pct. Pct. Freq. Freq. 1 No 80 75 64 76.2 441 987 14 1.470 2 Yes 113 20 326 25 8 36 460 23.8 Valid responses = 554 29 1313 68 22 1.930 98.2

14N. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Do not have the knowledge needed to participate	•	•	•					
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	450	81	1066	82	17	81	1,565	81.3
2 Yes	104	19	242	19	4	19	359	18.7
Valid responses =	554	29	1308	68	21	1	1,924	97.9

140. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Otner								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	198	88	407	86	5	83	618	86.6
2 Yes	26	12	64	14	1	17	96	13.4
Valid responses =	224	31	471	66	6	1	714	36.3
Invalid responses include no response.								

15A. Within the last 12 months I have felt...

My work is consistent with my values.

Male		Female	•	Unknow	n	Total	
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.



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17A. How safe do you feel: On this campus (daytime)?								
	Male		Female		Unknowi	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A	28	5	82	6	1	4	114	5.8
2 Not safe at all	4	1	5	0	0	0	10	0.5
3 Somewhat unsafe	17	3	39	3	0	0	63	3.2
4 Somewhat safe	114	20	365	28	11	41	505	25.8
5 Very safe	398	71	837	63	15	56	1,266	64.7
Valid responses =	561	29	1328	68	27	1	1,958	99.6
Invalid responses include no response.								
17B. How safe do you feel: On this campus (nighttime)?								
	Male		Female		Unknow	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A	70	13	200	15	5	19	282	14.4
2 Not safe at all	11	2	43	3	0	0	56	2.9
3 Somewhat unsafe	38	7	213	16	6	22	266	13.6
4 Somewhat safe	214	38	638	48	14	52	884	45.3
5 Very safe	228 561	41 29	229 1323	17 68	2 27	7 1	464	23.8
Valid responses = Invalid responses include no response.	301	29	1323	00	21	,	1,952	99.3
invalid responses include no response.								
17C. How safe do you feel: In the community surrounding		daytime)?	_					
	Male	D.,	Female	D.,	Unknow		Total	ъ.,
4.51/5	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A	30	5	83 7	6	2 0	7 0	117	6.0
2 Not safe at all 3 Somewhat unsafe	1 34	0 6	90	1 7	1	4	11 129	0.6 6.6
4 Somewhat safe	188	34	565	43	15	56	790	40.3
5 Very safe	307	55	584	44	9	33	911	46.5
Valid responses =	560	29	1329	68	27	1	1,958	99.6
Invalid responses include no response.	000		.020	00		•	1,000	00.0
47D Harrisoft de confeel la the community community								
17D. How safe do you feel: In the community surrounding to	this campus (ı	nighttime)?	?					
17D. How sare do you reel: In the community surrounding t	Male	-	Female		Unknow		Total	
	Male Freq.	Pct.	Female Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A	Male Freq. 58	Pct. 10	Female Freq. 166	13	Freq.	Pct. 11	Freq. 230	11.8
1 N/A 2 Not safe at all	Male Freq. 58 29	Pct. 10 5	Female Freq. 166 79	13 6	Freq. 3 0	Pct. 11 0	Freq. 230 116	11.8 5.9
1 N/A 2 Not safe at all 3 Somewhat unsafe	Male Freq. 58 29 75	Pct. 10 5 13	Female Freq. 166 79 337	13 6 25	Freq. 3 0 7	Pct. 11 0 26	Freq. 230 116 430	11.8 5.9 22.0
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe	Male Freq. 58 29 75 231	Pct. 10 5 13 41	Female Freq. 166 79 337 580	13 6 25 44	Freq. 3 0 7 14	Pct. 11 0 26 52	Freq. 230 116 430 841	11.8 5.9 22.0 43.0
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe	Male Freq. 58 29 75 231 167	Pct. 10 5 13 41 30	Female Freq. 166 79 337 580 164	13 6 25 44 12	Freq. 3 0 7 14 3	Pct. 11 0 26 52 11	Freq. 230 116 430 841 337	11.8 5.9 22.0 43.0 17.2
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses =	Male Freq. 58 29 75 231	Pct. 10 5 13 41	Female Freq. 166 79 337 580	13 6 25 44	Freq. 3 0 7 14	Pct. 11 0 26 52	Freq. 230 116 430 841	11.8 5.9 22.0 43.0
N/A Not safe at all Somewhat unsafe Somewhat safe Very safe Valid responses = Invalid responses include no response.	Male Freq. 58 29 75 231 167 560	Pct. 10 5 13 41 30 29	Female Freq. 166 79 337 580 164 1326	13 6 25 44 12	Freq. 3 0 7 14 3	Pct. 11 0 26 52 11	Freq. 230 116 430 841 337	11.8 5.9 22.0 43.0 17.2
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses =	Male Freq. 58 29 75 231 167 560	Pct. 10 5 13 41 30 29	Female Freq. 166 79 337 580 164 1326	13 6 25 44 12	Freq. 3 0 7 14 3 27	Pct. 11 0 26 52 11 1	Freq. 230 116 430 841 337 1,954	11.8 5.9 22.0 43.0 17.2
N/A Not safe at all Somewhat unsafe Somewhat safe Very safe Valid responses = Invalid responses include no response.	Male Freq. 58 29 75 231 167 560 seatbelt when Male	Pct. 10 5 13 41 30 29 you rode in	Female Freq. 166 79 337 580 164 1326 n a car? Female	13 6 25 44 12 68	Freq. 3 0 7 14 3 27	Pct. 11 0 26 52 11 1	Freq. 230 116 430 841 337 1,954	11.8 5.9 22.0 43.0 17.2 99.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a safe	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq.	Pct. 10 5 13 41 30 29 you rode ii	Female Freq. 166 79 337 580 164 1326 nn a car? Female Freq.	13 6 25 44 12 68	Freq. 3 0 7 14 3 27 Unknown Freq.	Pct. 11 0 26 52 11 1 Pct.	Freq. 230 116 430 841 337 1,954 Total Freq.	11.8 5.9 22.0 43.0 17.2 99.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a safe to the	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2	Pct. 10 5 13 41 30 29 you rode in Pct. 0	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq.	13 6 25 44 12 68 Pct. 0	Freq. 3 0 7 14 3 27 Unknown Freq. 1	Pct. 11 0 26 52 11 1 Pct. 4	Freq. 230 116 430 841 337 1,954 Total Freq. 6	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a something the same of th	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2	Pct. 10 5 13 41 30 29 you rode ii	Female Freq. 166 79 337 580 164 1326 nn a car? Female Freq.	13 6 25 44 12 68	Freq. 3 0 7 14 3 27 Unknown Freq.	Pct. 11 0 26 52 11 1 Pct.	Freq. 230 116 430 841 337 1,954 Total Freq.	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a safe to the	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2	13 6 25 44 12 68 Pct. 0 0	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0	Pct. 11 0 26 52 11 1 Pct. 4 0	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a some same safe safe safe safe safe safe safe saf	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1	Female Freq. 166 79 337 580 164 1326 In a car? Female Freq. 3 2	13 6 25 44 12 68 Pct. 0 0	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service in the	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5	13 6 25 44 12 68 Pct. 0 0 0	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 0	Pct. 111 0 26 52 111 1 Pct. 4 0 4 0	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a sometimes 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1 1 7	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42	13 6 25 44 12 68 Pct. 0 0 0 0 3	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4	Pct. 111 0 26 52 111 1 Pct. 4 0 4 0 15	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a safe safe years 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509	Pct. 10 5 13 41 30 29 you rode ii Pct. 0 0 1 7 91	Female Freq. 166 79 337 580 164 1326 In a car? Female Freq. 3 2 1 5 42 1275	13 6 25 44 12 68 Pct. 0 0 0 0 3 96	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 0 4 21	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses =	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1 1 7 91 29	Female Freq. 166 79 337 580 164 1326 In a car? Female Freq. 3 2 1 5 42 1275 1328	13 6 25 44 12 68 Pct. 0 0 0 0 3 96	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 0 4 21	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a second of the second of th	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1 1 7 91 29	Female Freq. 166 79 337 580 164 1326 In a car? Female Freq. 3 2 1 5 42 1275 1328	13 6 25 44 12 68 Pct. 0 0 0 0 3 96	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 0 4 21	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses =	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559	Pct. 10 5 13 41 30 29 you rode it Pct. 0 0 1 1 7 91 29	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42 1275 1328 bicycle?	13 6 25 44 12 68 Pct. 0 0 0 0 3 96 68	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4 21 27	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846 1,956	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a safe safe safe safe safe safe safe sa	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1 1 7 91 29 you rode a Pct. 53 8	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42 1275 1328 bicycle? Freq. 872 77	13 6 25 44 12 68 Pct. 0 0 0 0 3 96 68	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4 21 27 Freq. 19 1	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846 1,956 Freq. 1,209 130	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service should be serviced by the serviced by the service should be serviced by the serv	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559 helmet when Freq. 297 47	Pct. 10 5 13 41 30 29 you rode it Pct. 0 0 1 1 7 91 29 you rode a Pct. 53 8 2	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42 1275 1328 bicycle? Freq. 872 77 31	13 6 25 44 12 68 Pct. 0 0 0 3 96 68 Pct. 66 6 6 2	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4 21 27 Freq. 19 1 0	Pct. 11 0 26 52 11 1 1 Pct. 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846 1,956 Freq. 1,209 130 43	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service of the	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559 helmet when Freq. 297 47 11 12	Pct. 10 5 13 41 30 29 you rode ii Pct. 0 0 1 7 91 29 you rode a Pct. 53 8 2 2	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42 1275 1328 bicycle? Freq. 872 77 31 33	13 6 25 44 12 68 Pct. 0 0 0 3 96 68 Pct. 66 6 2 3	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4 21 27 Freq. 19 1 0 0 0	Pct. 11 0 26 52 11 1 Pct. 4 0 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846 1,956 Freq. 1,209 130 43 46	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service should be serviced by the serviced by the service should be serviced by the serviced	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 37 509 559 helmet when Freq. 297 47 11 12 28	Pct. 10 5 13 41 30 29 you rode ii Pct. 0 0 1 1 7 91 29 you rode a Pct. 53 8 2 2 5	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 11 5 42 1275 1328 bicycle? Freq. 872 77 31 33 36	13 6 25 44 12 68 Pct. 0 0 0 3 3 96 68 Pct. 666 6 2 3 3 3	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 27 Freq. 19 1 0 0 1 0 1 1 0 1 1 0 1 1 1 1 1 1 1	Pct. 11 0 26 52 11 1 Pct. 4 0 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 844 1,846 1,956 Freq. 1,209 130 43 46 65	Pct. 0.3 0.2 0.4 0.5 4.3 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service should be serviced by the serviced by the service should be serviced by the serviced b	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 5 37 509 559 helmet when Freq. 297 47 111 12 28 166	Pct. 10 5 13 41 30 29 you rode in Pct. 0 0 1 1 7 91 29 you rode a Pct. 53 8 2 2 5 30	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 1 5 42 1275 1328 bicycle? Freq. 872 77 31 33 36 281	13 6 25 44 112 68 Pct. 0 0 0 3 96 68 Pct. 66 6 2 3 3 3 21	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 4 21 27 Freq. 19 1 0 0 1 6	Pct. 11 0 26 52 11 1 1 Pct. 4 0 4 0 15 78 1 Pct. 70 4 0 0 4 22	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 84 1,846 1,956 Freq. 1,209 130 43 46 65 467	Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5 Pct. 61.7 6.6 2.2 2.3 3.3 23.8
1 N/A 2 Not safe at all 3 Somewhat unsafe 4 Somewhat safe 5 Very safe Valid responses = Invalid responses include no response. 18A. Within the last I2 months, how often did you: Wear a service should be serviced by the serviced by the service should be serviced by the serviced	Male Freq. 58 29 75 231 167 560 seatbelt when Male Freq. 2 1 5 37 509 559 helmet when Freq. 297 47 11 12 28	Pct. 10 5 13 41 30 29 you rode ii Pct. 0 0 1 1 7 91 29 you rode a Pct. 53 8 2 2 5	Female Freq. 166 79 337 580 164 1326 n a car? Female Freq. 3 2 11 5 42 1275 1328 bicycle? Freq. 872 77 31 33 36	13 6 25 44 12 68 Pct. 0 0 0 3 3 96 68 Pct. 666 6 2 3 3 3	Freq. 3 0 7 14 3 27 Unknown Freq. 1 0 1 27 Freq. 19 1 0 0 1 0 1 1 0 1 1 0 1 1 1 1 1 1 1	Pct. 11 0 26 52 11 1 Pct. 4 0 4 0 15 78 1	Freq. 230 116 430 841 337 1,954 Total Freq. 6 3 7 10 844 1,846 1,956 Freq. 1,209 130 43 46 65	11.8 5.9 22.0 43.0 17.2 99.4 Pct. 0.3 0.2 0.4 0.5 4.3 94.4 99.5



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July 19, 2023

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Number of Surveys (n) =

1966 Web

Surveys

18C. Within the last I2 months, how often did you: Wear	a helmet when	you rode a	motorcycl	e?				
•	Male	•	Female)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	487	87	1225	92	26	96	1,775	90.6
2 Never	4	1	1	0	0	0	5	0.3
3 Rarely	3	1	2	0	0	0	5	0.3 1
4 Sometimes	2	0	2	0	0	0	4	0.2
5 Most of the time	3	1	4	0	0	0	7	0.4
6 Always	61	11	96	7	1	4	163	8.3
Valid responses =	560	29	1330	68	27	1	1,959	99.6
Invalid responses include no response.								

19A1. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Ignoring phone calls or emails from coworkers

	Male		Female	•	Unknow	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	405	72	916	69	15	68	1,363	69.8
2 Yes	156	28	411	31	7	32	589	30.2
Valid responses =	561	29	1327	68	22	1	1,952	99.3
Invalid responses include no response.								

19A2. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Silent treatment towards coworkers

	Male		Female	•	Unknowi	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	426	76	955	72	17	77	1,422	72.8
2 Yes	134	24	373	28	5	23	530	27.2
Valid responses =	560	29	1328	68	22	1	1,952	99.3

19A3. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Spreading gossip about coworkers

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	346	62	777	59	15	63	1,163	59.6
2 Yes	212	38	550	41	9	38	788	40.4
Valid responses =	558	29	1327	68	24	1	1,951	99.2

19A4. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers are excluded from work-related social gatherings

Invalid responses include no response.

Invalid responses include no response.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	466	83	1075	81	21	91	1,595	81.9
2 Yes	95	17	248	19	2	9	353	18.1
Valid responses =	561	29	1323	68	23	1	1,948	99.1
Invalid responses include no response.								

19A5. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Coworkers take credit for work or ideas of others

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	424	76	956	72	15	65	1,421	72.8
2 Yes	137	24	372	28	8	35	532	27.2
Valid responses =	561	29	1328	68	23	1	1,953	99.3
Invalid responses include no response.								

19A6. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers make insults about personal lives of others

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	466	83	1077	81	21	91	1,594	81.5
2 Yes	95	17	253	19	2	9	361	18.5
Valid responses =	561	29	1330	68	23	1	1,955	99.4
Invalid responses include no response.								

19A7. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	459	82	1010	76	18	82	1,518	77.9	
2 Yes	99	18	317	24	4	18	430	22.1	
Valid responses =	558	29	1327	68	22	1	1,948	99.1	

Invalid responses include no response.



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19A8. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Coworkers are being ignored/ostracized by others

Male Female Unknown Total

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www.acha.org

FREQUENCY REPORT

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Surveys



American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA)

American Conege Realth Association-Nation:
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www.acha.org

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19B12. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers are ignoring/ostracizing me.

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	528	95	1225	92	22	100	1,809	92.8
2 Yes	31	6	102	8	0	0	140	7.2
Valid responses =	559	29	1327	68	22	1	1,949	99.1

Invalid responses include no response.

20. In the last twelve months, I have missed work due to being bullied in workplace.

	Male	Male		Female		n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	336	60	719	54	11	46	1,087	55.7
2 No	211	38	568	43	12	50	805	41.2



American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA)

American College Health Association-National Reference Group Data Report - Spring 2023
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July 19, 2023 FREQUENCY REPORT

Number of Surveys (n) = 1966 Web Surveys

22B. In the past 7 days, how many (total) minutes did you spend doing vigorous physical activity?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 minutes	224	41	717	56	9	43	967	51.1
2 .1 - 30 minutes	87	16	196	15	7	33	297	15.7
3 30.1 - 60 minutes	75	14	120	9	2	10	201	10.6
4 60.1 - 120 minutes	68	12	117	9	2	10	194	10.3
5 120.1 - 240 minutes	54	10	79	6	0	0	137	7.2
6 GE 240.1 minutes	43	8	48	4	1	5	95	5.0
Valid responses =	551	29	1277	68	21	1	1,891	96.2

Invalid responses include no response.

Median Std Dev Min Max Mean

Male



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Silver Spring, MD 20910
(410) 859-1500

July 19, 2023 FREQUENCY REPORT

Number of Surveys (n) =

1966 Web Surveys

27.	I	consider	myself	to	be:
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	Male		remaie)	Unknow	n	i otai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Underweight	11	2	9	1	1	4	22	1.1 g	
2 A healthy weight	223	40	436	33	10	39	684	34.8	
3 Overweight	266	47	671	50	10	39	961	49.0	
4 Obese	60	11	206	16	3	12	279	14.2	
5 Unsure	3	1	10	1	2	8	17	0.9	
Valid responses =	563	29	1332	68	26	1	1,963	99.8	
Invalid responses include no response.									

28. Are you trying to do any of the following about your weight?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Trying nothing about weight	91	16	191	14	4	17	299	15.2
2 Stay the same weight	137	24	227	17	7	29	376	19.2
3 Lose weight	320	57	903	68	12	50	1,258	64.2
4 Gain weight	15	3	11	1	1	4	28	1.4 0
Valid responses =	563	29	1332	68	24	1	1,961	99.7
Invalid responses include no response.								

29. In the last week, how many servings of fruit did you eat on average per day?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	77	14	132	10	2	8	220	11.2
2 1-2 servings/day	379	67	899	67	16	67	1,318	67.2
3 3-4 servings/day	88	16	250	19	5	21	350	17.8
4 5-6 servings/day	10	2	34	3	0	0	45	2.3
5 >6 servings/day	9	2	18	1	1	4	28	1.4
Valid responses =	563	29	1333	68	24	1	1,961	99.7
Invalid responses include no response.								

30. In the last week, how many servings of vegetables did you eat on average per day?

	Male		Female)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	22	4	33	3	1	4	59	3.0
2 1-2 servings/day	340	61	768	58	12	52	1,140	58.2
3 3-4 servings/day	157	28	418	31	9	39	595	30.4
4 5-6 servings/day	33	6	80	6	0	0	119	6.1 🗖
5 >6 servings/day	10	2	33	3	1	4	45	2.3
Valid responses =	562	29	1332	68	23	1	1,958	99.6
Invalid responses include no response.								

31. In the last week, how many servings of whole grains did you eat on average per day?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	62	11	152	11	2	9	221	11.3
2 1-2 servings/day	322	57	820	62	15	65	1,179	60.3
3 3-4 servings/day	127	23	299	23	4	17	442	22.6
4 5-6 servings/day	35	6	46	4	1	4	84	4.3
5 >6 servings/day	15	3	12	1	1	4	28	1.4
Valid responses =	561	29	1329	68	23	1	1,954	99.4
Invalid responses include no response.								

32. In the last week, how many servings of low-fat dairy or calcium fortified products did you eat on average per day?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	110	20	180	14	1	4	302	15.4
2 1-2 servings/day	343	61	898	68	20	87	1,283	65.6
3 3-4 servings/day	86	15	210	16	1	4	305	15.6
4 5-6 servings/day	16	3	30	2	0	0	46	2.4
5 >6 servings/day	7	1	12	1	1	4	20	1.0
Valid responses =	562	29	1330	68	23	1	1,956	99.5

Invalid responses include no response.



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July 19, 2023 FREQUENCY REPORT Number of Surveys (n) =

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American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA)

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Silver Spring, MD 20910
(410) 859-1500

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Number of Surveys (n) = 1966 Web Surveys

52A. The food that I bought just didn't last, and I didn't	Male		Female		Unknowr	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Often true	11	2	28	2	1	6	42	2.2
2 Sometimes true	42	8	133	10	1	6	184	9.4
3 Never true	508	91	1169	88	15	88	1,723	88.4
Valid responses =	561	29	1330	68	17	1	1,949	99.1
Invalid responses include no response.							1,010	
52B.I couldn't afford to eat balanced meals.								
	Male		Female		Unknowr	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Often true	24	4	44	3	1	6	75	3.8
2 Sometimes true	45	8	167	13	4	24	222	11.4
3 Never true	492	88	1119	84	12	71	1,652	84.8
Valid responses =	561	29	1330	68	17	1	1,949	99.1
Invalid responses include no response.								
53. In the last 30 days, did you ever cut the size of you	ur meals or skip me	als becaus	se					
there wasn't enough money for food?	Male		Female		Unknowr	,	Total	
	Freg.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Van almost avanudav	гг ец. 5	1	11	1	0	0	-	0.9
1 Yes, almost every day	5 21	4	65	5	1	6	17 90	
2 Yes, some but not every day			73		2			4.6
3 Only 1 or 2 days	33	6		6		12	114	5.8
4 No	504	90	1181	89	14	82	1,730	88.7
	500	00	4000		47			
Valid responses = Invalid responses include no response.	563	29	1330	68	17	1	1,951	99.2
Valid responses =	felt you should bed			68				99.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you	felt you should bed	ause	Female		Unknowr	1	Total	
Valid responses =	felt you should bed Male Freq.	eause Pct.	Female Freq.	Pct.	Unknowr Freq.	n Pct.	Total Freq.	Pct.
Valid responses =	felt you should bed Male Freq. 520	Pct. 93	Female Freq. 1227	Pct. 92	Unknowr Freq. 14	n Pct. 82	Total Freq. 1,796	Pct. 92.1
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes,	felt you should bed Male Freq. 520 41	Pct. 93 7	Female Freq. 1227 104	Pct. 92 8	Unknowr Freq. 14 3	P ct. 82 18	Total Freq. 1,796 154	Pct. 92.1 7.9
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses =	felt you should bed Male Freq. 520	Pct. 93	Female Freq. 1227	Pct. 92	Unknowr Freq. 14	n Pct. 82	Total Freq. 1,796	Pct. 92.1
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes,	felt you should bed Male Freq. 520 41	Pct. 93 7	Female Freq. 1227 104	Pct. 92 8	Unknowr Freq. 14 3	P ct. 82 18	Total Freq. 1,796 154	Pct. 92.1 7.9
Valid responses =	felt you should bed Male Freq. 520 41 561	Pct. 93 7	Female Freq. 1227 104	Pct. 92 8	Unknowr Freq. 14 3	P ct. 82 18	Total Freq. 1,796 154	Pct. 92.1 7.9
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response.	felt you should bed Male Freq. 520 41 561 't eat because	Pct. 93 7	Female Freq. 1227 104 1331	Pct. 92 8	Unknowr Freq. 14 3 17	Pct. 82 18 1	Total Freq. 1,796 154 1,950	Pct. 92.1 7.9
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn	felt you should bed Male Freq. 520 41 561	Pct. 93 7 29	Female Freq. 1227 104 1331 Female	Pct. 92 8 68	Unknowr Freq. 14 3 17	Pct. 82 18 1	Total Freq. 1,796 154 1,950	Pct. 92.1 7.9 99.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food?	felt you should bed Male Freq. 520 41 561 't eat because Male Freq.	Pct. 93 7 29 Pct.	Female Freq. 1227 104 1331 Female Freq.	Pct. 92 8 68	Unknowr Freq. 14 3 17 Unknowr Freq.	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq.	Pct. 92.1 7.9 99.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535	Pct. 93 7 29 Pct. 96	Female Freq. 1227 104 1331 Female Freq. 1271	Pct. 92 8 68 Pct. 95	Unknowr Freq. 14 3 17 Unknowr Freq. 15	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857	Pct. 92.1 7.9 99.2 Pct. 95.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes,	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25	Pct. 93 7 29 Pct. 96 5	Female Freq. 1227 104 1331 Female Freq. 1271 61	Pct. 92 8 68 Pct. 95 5	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535	Pct. 93 7 29 Pct. 96	Female Freq. 1227 104 1331 Female Freq. 1271	Pct. 92 8 68 Pct. 95	Unknowr Freq. 14 3 17 Unknowr Freq. 15	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857	Pct. 92.1 7.9 99.2 Pct. 95.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response.	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560	Pct. 93 7 29 Pct. 96 5 29	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332	Pct. 92 8 68 Pct. 95 5	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses =	felt you should bed Male Freq. 520 41 561 It eat because Male Freq. 535 25 560 our values, sense of	Pct. 93 7 29 Pct. 96 5 29	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332	Pct. 92 8 68 Pct. 95 5	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17	Pct. 82 18 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8
Valid responses =	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560 our values, sense of	Pct. 93 7 29 Pct. 96 5 29 purpose,	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female	Pct. 92 8 68 Pct. 95 5 68	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17	Pct. 82 18 1 1 Pct. 88 12 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 56. Within the past 12 months, to what extent have yo or spirituality been useful to you?	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560 sur values, sense of	Pct. 93 7 29 Pct. 96 5 29 purpose, Pct. Pct.	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq.	Pct. 92 8 68 Pct. 95 5 68	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq.	Pct. 82 18 1 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct.
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 56. Within the past 12 months, to what extent have yo or spirituality been useful to you?	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560 our values, sense of Male Freq. 34	Pct. 96 5 29 Purpose, Pct. 6	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq. 42	Pct. 92 8 68 Pct. 95 5 68	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq. 2	Pct. 82 18 1 1 Pct. 88 12 1 1 Pct. 13	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950 Total Freq. 83	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct. 4.3
Valid responses =	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560 our values, sense of Male Freq. 34 58	Pct. 96 5 29 Pct. 6 10	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq. 42 89	Pct. 92 8 68 Pct. 95 5 68	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq. 2	Pct. 82 18 1 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950 Total Freq. 83 151	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct. 4.3 7.8
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 56. Within the past 12 months, to what extent have yo or spirituality been useful to you? 1 To no extent 2 To little extent 3 To some extent	felt you should bed Male Freq. 520 41 561 I't eat because Male Freq. 535 25 560 Sur values, sense of Male Freq. 34 58 164	Pct. 96 5 29 Pct. 6 10 29	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq. 42 89 349	Pct. 92 8 68 Pct. 95 5 68 Pct. 3 7 26	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq. 2 0 6	Pct. 88 12 1 1 Pct. 13 0 40	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950 Total Freq. 83 151 532	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct. 4.3 7.8 27.3
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 56. Within the past 12 months, to what extent have yo or spirituality been useful to you? 1 To no extent 2 To little extent	felt you should bed Male Freq. 520 41 561 't eat because Male Freq. 535 25 560 our values, sense of Male Freq. 34 58	Pct. 96 5 29 Pct. 6 10	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq. 42 89	Pct. 92 8 68 Pct. 95 5 68	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq. 2 0 6 2	Pct. 82 18 1 1	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950 Total Freq. 83 151	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct. 4.3 7.8
Valid responses = Invalid responses include no response. 54. In the last 30 days, did you ever eat less than you there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 55. In the last 30 days, were you ever hungry but didn there wasn't enough money for food? 1 No 2 Yes, Valid responses = Invalid responses include no response. 56. Within the past 12 months, to what extent have yo or spirituality been useful to you? 1 To no extent 2 To little extent 3 To some extent	felt you should bed Male Freq. 520 41 561 I't eat because Male Freq. 535 25 560 Sur values, sense of Male Freq. 34 58 164	Pct. 96 5 29 Pct. 6 10 29	Female Freq. 1227 104 1331 Female Freq. 1271 61 1332 faith Female Freq. 42 89 349	Pct. 92 8 68 Pct. 95 5 68 Pct. 3 7 26	Unknowr Freq. 14 3 17 Unknowr Freq. 15 2 17 Unknowr Freq. 2 0 6	Pct. 88 12 1 1 Pct. 13 0 40	Total Freq. 1,796 154 1,950 Total Freq. 1,857 93 1,950 Total Freq. 83 151 532	Pct. 92.1 7.9 99.2 Pct. 95.2 4.8 99.2 Pct. 4.3 7.8 27.3



American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA)

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Number of Surveys (n) =

1966 Web

Surveys

	Male		Female	•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 <=5	260	46	614	46	10	53	908	46.6
2 6-10	111	20	287	22	3	16	409	21.0
3 11-15	59	11	137	10	1	5	200	10.3
4 16-20	49	9	116	9	3	16	172	8.8
5 21-25	43	8	79	6	2	11	125	6.4
6 26-30	19	3	56	4	0	0	75	3.8
7 31-35	9	2	20	2	0	0	31	1.6
8 36-40	7	1	13	1	0	0	20	1.0
9 More than 40 years	4	1	5	0	0	0	9	0.5
Valid responses =	561	29	1327	68	19	1	1,949	99.1

Invalid responses include no response.

66. Are you a member of an employment union?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	417	75	1009	76	14	78	1,466	75.5
2 Yes	143	26	314	24	4	22	477	24.5
Valid responses =	560	29	1323	68	18	1	1.943	98.8

Invalid responses include no response Male

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67A4. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Male	Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	8	1	9	1	0	0	18	0.9 🏻
2 Disagree	8	1	10	1	0	0	20	1.0 🏻
3 Slightly disagree	11	2	17	1	0	0	29	1.5 🛮
4 Neither agree nor disagree	35	6	72	5	3	14	115	5.9 🗖
5 Slightly agree	112	20	194	15	3	14	318	16.3
6 Agree	238	43	657	50	8	38	917	47.1
7 Strongly agree	147	26	369	28	7	33	531	27.3
Valid responses =	559	29	1328	68	21	1	1,948	0.0

Invalid responses include no response.

67A5. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I am competent and capable in the activities that are important to me.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	6	1	11	1	0	0	19	1.0 [
2 Disagree	3	1	7	1	1	5	11	0.6
3 Slightly disagree	3	1	12	1	0	0	16	0.8
4 Neither agree nor disagree	14	3	38	3	3	14	59	3.0
5 Slightly agree	59	11	129	10	3	14	198	10.1
6 Agree	292	52	708	53	9	43	1,031	52.8
7 Strongly agree	183	33	425	32	5	24	618	31.7
Valid responses =	560	29	1330	68	21	1	1,952	0.0

Invalid responses include no response.

Invalid responses include no response.

67A6. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I am a good person and live a good life.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	5	1	12	1	0	0	19	1.0
2 Disagree	4	1	3	0	0	0	7	0.4
3 Slightly disagree	6	1	9	1	0	0	17	0.9
4 Neither agree nor disagree	30	5	38	3	3	14	80	4.1 🔳
5 Slightly agree	61	11	113	9	4	19	184	9.4
6 Agree	279	50	701	53	7	33	1,001	51.3
7 Strongly agree	173	31	454	34	7	33	642	32.9
Valid responses =	558	29	1330	68	21	1	1,950	0.0

67A7. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

•	Male	Male Fe)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	11	2	13	1	1	5	33	1.7 🛮
2 Disagree	19	3	24	2	2	10	51	2.6
3 Slightly disagree	25	5	44	3	4	19	74	3.8
4 Neither agree nor disagree	41	7	76	6	1	5	121	6.2
5 Slightly agree	98	18	193	15	3	14	304	15.6
6 Agree	231	41	609	46	5	24	852	43.7
7 Strongly agree	134	24	369	28	5	24	514	26.4
Valid responses =	559	29	1328	68	21	1	1,949	0.0

Invalid responses include no response.

67A8. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. People respect me.

	Male Fema		Female	•	Unknown				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	5	1	10	1	0	0	18	0.9	
2 Disagree	7	1	11	1	0	0	21	1.1 🏻	
3 Slightly disagree	16	3	26	2	0	0	44	2.3	
4 Neither agree nor disagree	58	10	110	8	7	35	183	9.4	
5 Slightly agree	88	16	175	13	4	20	280	14.4	
6 Agree	267	48	696	52	4	20	979	50.2	
7 Strongly agree	119	21	301	23	5	25	425	21.8	
Valid responses =	560	29	1329	68	20	1	1,950	0.0	

Invalid responses include no response.

Reference Group Data Report - Spring 2023 American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

FREQUENCY REPORT

Number of Surveys (n) = 1966 Web

Surveys

Reference Group Data Report - Spring 2023